**Mental Health Cases in the PSHS System**

**Annex A – Root Cause Analysis**

**Campus: Philippine Science High School – SOCCSKSARGEN REGION CAMPUS**

**School Year: 2017-2018**

**Total number of students enrolled at the start of the school year per grade level: Grade 7: 90 Grade 10: 90**

**Grade 8: 90 Grade 11: 51**

**Grade 9: 90 Grade 12: None**

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| **Complete Name of Student\***  **(LAST NAME, First Name)** | **Grade Level** | **Sex** | **Scholarship Categorization Points (see Annex B)** | **Nature of the Problem Reported**  **(see Annex C, indicating all that apply)** | **Date Reported or Observed** | **Action Taken** | **Were there red flags or symptoms displayed (Y/N)** | **Were the red flags (if any) captured or reported by the teachers or guidance counsellors, before any action was taken? (Y/N)** | **Action Taken** | **Probable Cause of the Problem** | **Possible Solution** | **Remarks** |
| **Salvador, Dominic** | **11** | **Male** | **Not Eligible -Partial III** | * **Hearing voices (auditory hallucinations)** * **Aggressive Behaviour** * **Mania** * **Bipolar Disorder** | **August 10, 2017** | * **Preliminary Interview/ Assessment** * **Advised to refer the case to Psychologist /Psychiatrist** * **Conference between Parents and Campus Director.** | **Y** | **Y** | * **Parents constantly accompanied their child in school.** * **Parents were advised to let their child stay at home instead in the dormitory.** * **Meeting/Conference with Campus Director, Parents and Teachers.** * **Provided a separate lesson plan to fit in to the need of the student** * **Close monitoring/ supervision of Teachers and his parents.** | * **According to his psychiatrist, she believes that the social media has its part in his condition, It often results to problems in work, school and relationships.** | * **Parents Psychological Treatment Intervention with Psychiatrist** | * **Performed well academically** * **Ongoing Psychiatric Treatment/ Intervention** |
| **Nuñez, Jyn Claire** | **7** | **Female** | **65 - Partial II** | * **Self-hurt, self-inflicted injury,** * **Insomnia;** * **Emotional anxiety;** * **Adjustment Disorder** | **November 30, 2017** | * **Preliminary interview/ assessment** | **Y** | **Y** | * **Call the attention of parents; Advised to seek professional help.** | * **According to her psychiatrist she was triggered with a stressful event in school and which triggered her past traumatic experience.** | * **Parents Psychological Treatment Intervention with Psychiatrist** | * + **Undergone consultation/ session with psychiatrist twice;**   + **Performed well academically** |
| **Mallo, John Angelo** | **9** | **Male** | **Not Eligible - Partial III** | **Symptoms of Kleptomania** | **August 2017 and Previous school year 2015-2016** | * **Preliminary interview; Coaching/Counseling** * **Call the attention of parents** * **Referral to Visiting Psychologist** | **N** | **N/A** | * **Monitoring sessions with Life Coach and visiting psychologist** | * **According to Research the cause of Kleptomania is not known.** | * **Parents and Psychological Treatment to visiting psychologist; And follow-up with Life Coach** | * **Advised to undergo Psychological intervention/ therapy and follow-up with visiting psychologist** |
| **Meditar, Datu Zahir** | **11** | **Male** | **Not Eligible - Partial III** | * **Unmanageable Tantrums, Aggressive Behavior; Previously he was observed to have symptoms of ADHD; Suicidal Ideation; currently he was observed with a possible symptoms of Intermittent Explosive Disorder but not yet Diagnosed (For further assessment)** | **January 22, 2018; April 23, 2018** | * **Preliminary assessment/ coaching /counseling with scholar** | **Y** | **Y** | * **Preliminary Assessment/Interview with scholar; Call the attention of the parents; Referral to Visiting Psychologist** | * **When he is flooded with school requirements and or projects; He has troubles organizing tasks and other activities that somehow would lead to uncontrollable tantrums and or Aggressive behavior;** * **Another contributing factor is when he experience frustration/rejection like when he was excluded in a particular group of friends during group activity.** | * **Followed treatment plan (from Visiting Psychologist)** * **Parents and Psychological Intervention to campus visiting psychologist; and follow-up with Life Coach** | * **Followed his treatment plan but;** * **Advised to be referred to Psychiatrist for further assessment and intervention** |
| **Omanio, Rodeilyn** | **10** | **Female** | **96 - Full** | * **Stress/Depression** * **Suicidal Ideation;** | **March 13, 2018** | * **Coaching/ Counseling** * **Informed Parents** * **Informed Teachers** * **Informed Administrators** * **Intervention from visiting Psychologist** | **Y** | **Y** | * **Monitoring sessions from Life Coach, Teachers, Parents & Visiting Psychologist** | * **Accumulated Stress** * **Sudden change of emotions when experiencing peer pressure and rejection.** | * **Session of student and parent with visiting psychologist** * **Follow-up session with student if the treatment plan has been done.** | * **Treatment plan followed (from visiting psychologist)** * **Expressed feeling of sadness** * **Consistent in the Director’s List** |

\*Student information will be dealt with utmost confidentiality in line with Data Privacy guidelines. Only aggregate data generated will be presented in the report to the BOT.

**Other Remarks, if any: After the case of Nuñez, Jyn Claire happened, the School Management decided to have a visiting psychologist to monitor, conduct tests to students, and provide interventions.**

Prepared by: Noted by: Noted by:

**DEBBIE DIANE G. DAGURO KEVIN S. DAGA-AS CHUCHI P. GARGANERA, Ph.D**

Life Coach SSD Chief Director III

Date: July 9, 2018

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| **Number code** | **Indications / Types of Behaviour Observed** |
| 1 | Autism/ Autism Spectrum Disorder |
| 2 | ADHD/ Hyper Activity |
| 3 | Demotivation/ non submission of requirements/ Unsatisfactory Grade/ Loss of Interest/ Poor Acad. Performance/ Absenteesim |
| 4 | Emotional Anxiety/ Stress/ Depression/ Bipolar Disorder |
| 5 | Suicidal Ideation/ Tendency |
| 6 | Aggressive Behaviour/ Unmanageable Tantrums/ Bullying |
| 7 | Hallucination/ Delusion |
| 8 | Self-hurt/ Self-Inflicted Injury or Harm |
| 9 | Interpersonal Relationship Problem/ Emotional Sensitivity/ Emotional Imbalance/ Maladjustment to life in PSHS, Social Behavioural Problems (Withdrawal)/ Isolation |
| 10 | Misconduct |
| 11 | Major Depressive Disorder with Psychotic Features/ Dysthymia (with attempted Suicide) |
|  | Other indications not listed above (Please specify, and add lines as needed):  12. Adjustment Disorder |
|  | 13. Kleptomania |
|  | 14. |
|  | 15. |
|  | 16. |